

# Bullying, Harassment and Intimidation in Schools



## Course Outline

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### 1. Bullying

- A. Introduction to Bullying
- B. Bullying: Educators Take Notice
- C. What Is Bullying?
  - i. Direct vs. Indirect Bullying
  - ii. Examples of Bullying
- D. The Impact of Bullying On Any Given Day
  - i. Absentee Patterns
  - ii. Attendance Rates
  - iii. Percent of Students Avoiding Areas or Skipping Activities Due to Bullying
- E. Bullying in the United States: Staggering Facts
- F. Characteristics of a Bully
- G. Risk Factors for Bullying Behaviors
  - i. Family Risk Factors
  - ii. Peer Risk Factors
- H. Myths About Children Who Bully
- I. Knowledge Check
- J. Where is Bullying Taking Place?

### 1. Harassment

- A. What Is Harassment?
  - i. Examples of Harassment
  - ii. Harassment Involves Everyone
- B. What Is Sexual Harassment?
  - i. What Does Sexual Harassment Include?
- C. What You Should Do If A Student Reports an Incident of Sexual Harassment

### 2. Intimidation

- A. What Is Intimidation?
- B. Examples of Intimidation

### 3. Cyber Bullying

- A. What Is Cyber Bullying?
  - i. Cyber Bullying Vs. Traditional Bullying
  - ii. Types of Cyber Bullying

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- a. Flaming
  - b. Cyber Harassment
  - c. Denigration
  - d. Outing and Trickery
  - e. Exclusion/Ostracism
  - f. Cyberstalking
- B. Kids and Online Bullying: In their Own Words
  - C. Online Harassment: The Facts
  - D. Suggestions for Educators: Dealing with Cyber Bullying
  - E. Knowledge Check
  - F. In The News
- 4. The Bystander**
- A. What Is a Bystander?
  - B. The Role of the Bystander
- 5. The Effects of Bullying**
- 6. New Jersey School Laws and Policies**
- A. About New Jersey School Law
  - B. The Law
  - C. A New Act: Cyber Bullying
  - D. Model School Policy
- 7. The Educator's Role and Responsibilities**
- A. Tips for Educators
  - B. Educators Can Provide a Safe Environment
  - C. Signs and Symptoms of Bullying
  - D. The School Community
  - E. Knowledge Check
  - F. The Teacher As Leader
- 8. Reference Information**
- A. References
  - B. Related Websites
  - C. Terminology
  - D. Glossary

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